

Navigating Healthy Families



Thursday, August 24 at noon and 7 pm







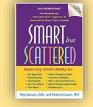


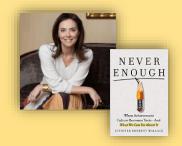
Additional information and links to our virtual programs can be found on our web site: GlenbardGPS.ora

UPCOMING EVENTS



Smart But Scattered: The Executive Functioning Approach to Help Kids Reach Their Potential — Start The Year Off Strong Richard Guare, PhD and Peg Dawson, EdD





Never Enough: Inspiring Balanced Achievement, Self-Confidence and The Power of Mattering

Jennifer Breheny Wallace At noon in conversation with Lori Gottlieb At 7 pm in conversation with Julie Lythcoth-Haims Tuesday, August 29





Suicide Prevention Month Event: Let's Talk About It! Suicide and Other **Destructive Self-Harm Behaviors** Matthew Nock, PhD

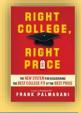
Wednesday September 6 at noon and 7 pm





Financial Aid Workshop: Discovering the Best College Fit at the Best Price

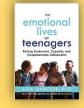
Frank Palmasani Thursday September 7 at 7 pm





The Emotional Lives of Teens: A Playbook to **Thrive in Trying Times**

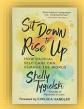
Lisa Damour, PhD Wednesday, September 13 at noon and 7 pm





The Path to Loving Ourselves: Self-Compassion and Self Care for Turbulent Times

Shelly Tygielski Tuesday, September 19 at noon and 7 pm





COMMUNITY READ

The Promise of a Pencil: The Story of How an **Ordinary Person Can Create Extraordinary Change**

Adam Braun Wednesday, September 27 at 7 pm

