

Sokol Chicagoland Gymnastics

6360 S Belmont Rd Downers Grove, IL 60516 630-968-2699 ext 106 www.sokolchicagoland.org

What's Sokol all about?

Sokol is a non-profit organization that promotes education and physical culture for the whole family. This includes: Gymnastics (beginners/advanced) Track & Field Conditioning Calisthenics

Where's the location?

Experienced, trained, certified instructors and assistants will conduct classes at **Elite Sports Complex** (6360 S. Belmont Rd., Downers Grove).

What's the cost?

For the Upcoming Season: 1- Child Gymnast (3-17yrs) = \$400 2- Child Gymnasts = \$675 Adult Functional Fitness Wednesdays pm = \$150 *Unit Membership (non-gymnast) = \$55 *Unit Membership entitles you to attend, participate & vote at unit meetings.

When are the Classes?

Tuesday Nights – Beginning the 2nd Tuesday of September at Elite Sports Complex

1st Class Girls(6-8yrs: Grades 1-3)2nd Class Girls(9-11yrs: Grades 4-6)Junior Girls(12-17 yrs: Grades 7-12)Adult Functional Fitness

6:30pm - 7:30pm 7:30pm - 9:00pm 7:30pm - 9:00pm 9:00-10:00pm

How do I register? Open registration will be held: At the first class