

2023 Youth Wrestling Clinics at District 58 Schools- South

WHAT: Wrestling Clinics put on by the Downers Grove Park District (Coached by coaches & wrestlers from Downers Grove South HS) where athletes will learn basic fundamentals of the sport, play sport-specific games to build speed, agility, and athleticism, and finish with a competition with other District 58 schools

WHERE:

- El Sierra Elementary School @ Downers Grove South High School- Wrestling Balcony
- Indian Trail Elementary School @ Downers Grove South High School- Wrestling Balcony
- Kingsley Elementary School @ Downers Grove South High School- Wrestling Balcony
- Fairmount Elementary School @ O'Neill Middle School- Small Gym
- Hillcrest Elementary School @ O'Neill Middle School- Small Gym

WHEN:

- El Sierra Elementary School @ DGS- 10/17- 3:45-5:15 PM
- Indian Trail Elementary School @ DGS- 10/17- 3:45-5:15 PM
- Kingsley Elementary School @ DGS- 10/17- 3:45-5:15 PM
- Fairmount Elementary School @ O'Neill- 10/24- 3:30-4:45 PM
- Hillcrest Elementary School @ O'Neill- 10/24- 3:45-5:15 PM

WHO: The clinics are for District 58 students in grades 1st-6th

HOW: Parents can register their child at the Downers Grove Park District Website- <http://www.dgparks.org/> - keyword search wrestling

COST: Only \$20 for the clinic, all proceeds go to the Downers Grove Park District for the administration of the clinic. FREE DGS Wrestling t-shirt for ALL those that attend!

COACHES: Coaches and Wrestlers from Downers Grove South High School will serve as the instructors for the clinics.

QUESTIONS: Registration questions can be directed to the Downers Grove Park District at 630-963-1300 or at <http://www.dgparks.org/>

Clinic specific questions can be directed to Sean Lovelace (DGS Head Wrestling Coach) at slovelace@csd99.org or 630-290-1834